# Health Center Locations

## Bronx

**Mt. Hope Family Practice**  
130 West Tremont Avenue  
Bronx, NY 10453  
(718) 583-9000

**Parkchester Family Practice**  
1597 Unionport Road  
Bronx, NY 10462  
(718) 822-1818

**Urban Horizons Family Health Center and River Center for Counseling**  
50 East 168th Street (lower level)  
Bronx, NY 10452  
(718) 293-3900

**Walton Family Health Center**  
1894 Walton Ave  
Bronx, NY 10453  
(718) 583-3060  
**Dental Care**  
(718) 583-2700

**Institute for Family Health Center for Counseling**  
(Mental health only)  
2590 Frisby Avenue - 1st Floor  
Bronx, NY 10461  
(718) 239-1610

## Manhattan

**Amsterdam Center**  
690 Amsterdam Avenue  
New York, NY 10025  
(212) 863-4104

**East 13th Street Family Practice**  
113 East 13th Street  
New York, NY 10003  
(212) 253-1830

**Family Health Center at North General**  
1879 Madison Avenue  
New York, NY 10035  
(212) 423-4500  
**Dental Care**

**Phillips Family Practice and Sidney Hillman Family Practice**  
16 East 16th Street  
New York, NY 10003  
(212) 206-5200

## Mid-Hudson Valley

**Kingston Family Health Center**  
1 Family Practice Drive  
(845) 338-6400  
**Dental Care**

**Ob/Gyn and Specialty Care Center of Kingston**  
1 Foxhall Avenue  
(845) 338-8444

**Ellenville Family Health Center**  
6 Healthy Way  
(845) 647-4500  
**Dental Care**

**Family Practice Center of Hyde Park**  
11 Crum Elbow Road  
(845) 229-1020

**New Paltz Family Health Center**  
279 Main Street, Suite 102  
(845) 255-2930

**Family Practice Center of Port Ewen**  
213 Broadway  
(845) 331-2355
The Institute for Family Health: Your home for diabetes care.

The Institute for Family Health is committed to providing the best diabetes care to all of our patients. Our program is nationally recognized by the American Association of Diabetes Educators for providing quality diabetes care. Our team consists of:

**Medical Providers:** Our family doctors and nurse practitioners are dedicated to helping you manage your diabetes. They will keep your labs up to date, schedule yearly screenings like eye and foot exams, and ensure you're on the correct medications.

**Certified Diabetes Educators (CDEs):** CDEs are licensed professionals who can help you learn about nutrition, medications, insulin, exercise, and many other ways of staying healthy.

**Social Workers:** Our team of case managers and mental health providers can help you access benefits, legal assistance, alcohol and drug counseling referrals and more.

**Diabetes Care Managers:** Also known as "diabetes health coaches", they will work closely with you, your provider, your educator, and your social worker to help you make the most of our services.

- **Onsite A1C results:** This important diabetes test is available in our own clinics, so you can get your results right away.
- **Educational groups:** Each group consists of 10-12 patients who meet to learn about diabetes, share tips and eat healthy snacks. You will learn from our diabetes educators, and more importantly, you will learn from each other!
- **Diabetes Day:** Once a month, many of our locations have a “Diabetes Day.” On these days, you can visit with your primary care provider, your diabetes educator, your social worker and your diabetes care manager in a single visit.
- **Supermarket Shopping Tours:** Our diabetes educators will take you out of the clinic and into your community supermarket. You will learn how to read food labels, how to spend your food dollars, strategies to make food choices that fit your lifestyle, what foods to buy to better manage your diabetes!

Quality health care for you and your family.

Our health centers are full-service medical homes. You and your family can use any of our services. We see patients of all ages, from infants to the elderly.

We offer:
- Check-ups and treatment for illnesses
- Flu shots and vaccinations
- Women’s health and prenatal care
- Men’s health
- HIV services, including rapid testing
- Counseling and behavioral health

**MyChart MyHealth**

MyChart MyHealth is a secure website that allows you to see your medical records safely on the internet. With it you can:
- Make appointments
- Email your provider
- Get test results
- Renew prescriptions
- Find health information and more

The signup process is quick and simple. Ask at the registration desk to get a username and password. It's quick, easy, and free!

About the Institute for Family Health

The Institute for Family Health is a network of community health centers committed to improving the health and well-being of all individuals.

The Institute is a “patient-centered medical home.” This means that you and your health care team will work together to make sure you get all of the services you need to stay healthy.

Visit us at [www.institute2000.org](http://www.institute2000.org) to learn more about us.